

Would you like to help us prevent suicide across West Yorkshire?



Volunteers will work with staff to **decide** what good suicide prevention looks like, to help services prevent death by suicide whilst making the most **impact** in our communities.

Get in touch for an informal chat or to find out more:

Arlie.Haslam@leedsmind.org.uk
07976921776
0113 3055800

www.leedsmind.org.uk

Registered charity no. 1007625

We are looking for volunteers with **personal experience** relating to suicide who live in West Yorkshire.

Personal experience might include:

- Having been bereaved or impacted by suicide
- Having experienced suicidal thoughts
- Having previously made an attempt on your own life
- Knowing someone who has previously tried to take their own life
- Having supported (or currently supporting) someone experiencing suicidal thoughts