



Community conversations

Help prevent deaths by suicide.

We want to find out more about people's experiences of asking for help with their mental health.

What worked for you?

What didn't work?

Was anything missing?

- Answers will be anonymised.
- Conversations feed into an upcoming report.
- Report will make recommendations for changes in care, to prevent death by suicide.
- Conversations are 1 to 1 or in a group, hosted by volunteers.



Want to get involved?
Contact Arlie for more information on 07976921776 or arlie.haslam@leedsmind.org.uk