

healthymindscalderdale.co.uk

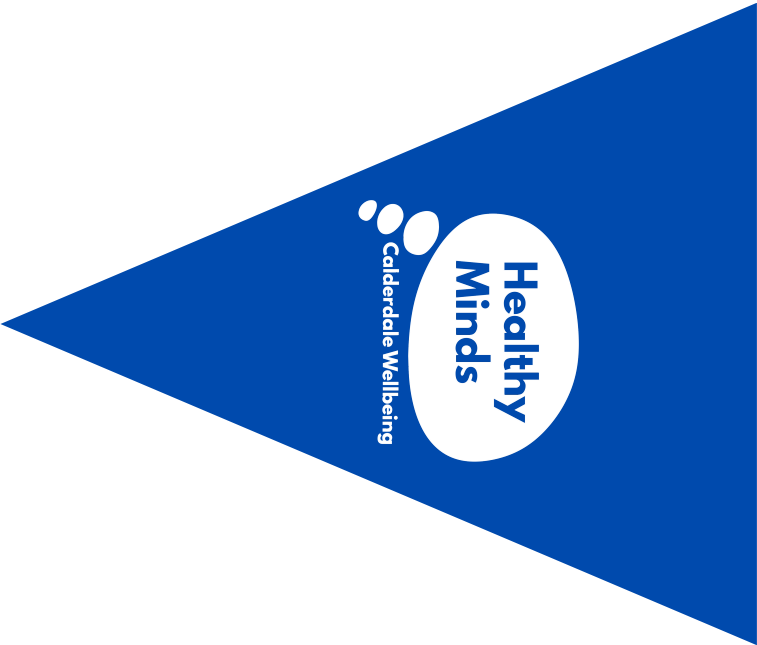
Calderdale's
independent,
user-led
mental
health
charity.



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It's ok to
not be
ok.





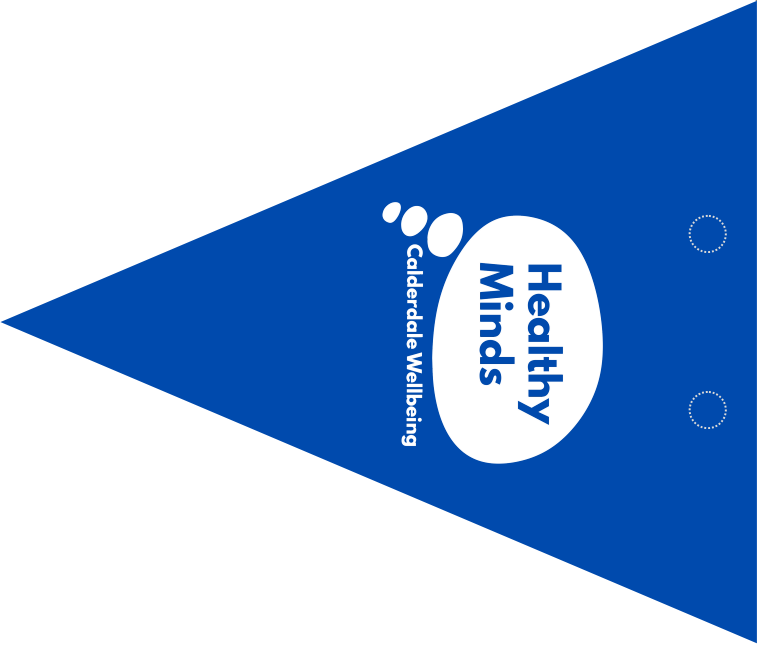
Healthy Minds
Calderdale Wellbeing

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We're
here to
help.