

Calderdale Wellbeing

Charity number 1132316

A company limited by guarantee number 06828871

Annual Report and Financial Statements for the year ended 31 March 2019



West Yorkshire Community Accounting Service

Calderdale Wellbeing

Annual Report and Financial Statements for the year ended 31 March 2019

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Prepared by West Yorkshire Community Accounting Service

Calderdale Wellbeing

Trustees' report for the year ended 31 March 2019

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Jenny Fagan	Chair - To April 2019	
Paul Hunt	Chair - From April 2019	Appointed April 2019
Freda Davis	Treasurer	
Daniel Redman		
Beverley Smith		
Lydia Blundell		
Carla Harrison		
Lindsay Manning		
Naomi Sutcliffe		
Jonathan Stephen		
Steven Redman		
Kate Hallitt		
Jonathan Morrish		Appointed July 2018
Martin Roberts		Appointed April 2019
Charity number	1132316	Registered in England and Wales
Company number	06828871	Registered in England and Wales
Registered and principal address	Bankers	
1 King Street	CAF Bank Ltd	Shawbrook Bank
Halifax	25 Kings Hill Avenue	Lutea House
HX1 1SR	Kings Hill	Warley Hill Business Park
	West Mailing	The Drive
	Kent	Great Warley
	ME19 4JQ	Brentwood
		Essex
		CH13 3BE

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a company limited by guarantee and was formed on 24 February 2009. It is governed by a memorandum and articles of association which were adopted on 24 February 2009 and amended by special resolution on 30 July 2009. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £10.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

Calderdale Wellbeing

Trustees' report (continued) for the year ended 31 March 2019

Objectives and activities

The charity's objects

The preservation, protection and enhancement of good mental health of people in Calderdale, in particular but not exclusively by the provision of support, information, advice and services.

The charity's main activities

Healthy Minds is the operating name of Calderdale Wellbeing, a registered Charity based in Halifax and Todmorden. Led by people who have personal experience of emotional distress, Healthy Minds creates opportunities for people to understand and build on their strengths to better achieve what they want from their lives. We work with Calderdale residents from primary school age upwards, raising awareness of emotional wellbeing and providing support through groups, courses and workshops alongside one-to-one support to manage life factors such as welfare rights and employment support.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the preservation, protection and enhancement of good mental health of people in Calderdale, in particular but not exclusively by the provision of support, information, advice and services.

Achievements and performance

It has been another year of development and growth for Healthy Minds, although with difficult times and periods of uncertainty that have tested our resilience. That we have come through it is testament to the dedication and tenacity of the team, and the organisation as a whole. It has highlighted the fragility that can be one characteristic of the voluntary and community sector, and how quickly fortunes can change. Support from the community has been crucial: we were M&S Halifax's Charity of the Year, raising funds and our public profile, and staff from Lloyds Banking Group have been amazing, with generous practical help improving our new premises and energetic and varied fundraising efforts resulting in over £22,400 in donations. Individuals have embarked on intrepid fundraising ventures too, including marathon-running and mountain-trekking in support of Healthy Minds. From having to consider closing services during the year, we're in a much more stable position going into 2019-20.

Over 11,700 people engaged across all services this year: an astonishing 150% increase on last year. This continues a year-on-year trend of increased numbers coming through services, and this year's increase is largely due to the extensive reach of Time Out's activities for young people.

Safespace

A new element in Calderdale's crisis provision, Safespace launched in February 2018 and was the catalyst for our moving to larger town centre premises at King Street.

Safespace is to offer increased access to emotional support during weekend evenings when most other services are not available. The aim is to reduce pressure on statutory services: NHS mental health 'crisis team', A&E and emergency services – by offering a service that does not have referral criteria and is available to all, in person, by telephone and text / email.

There were 261 Safespace contacts this year and 51% of those said that they would otherwise have contacted the crisis team or emergency services, so Safespace is fulfilling its aims. Service use is increasing as people become more familiar with it and it embeds as part of overall provision.

The funding position for Safespace became precarious towards the end of 2018 and we had to look to closing the service. Calderdale CCG were able to allocate some funding, however, that enabled us to carry on and prove Safespace's worth. An external evaluation from the service's first 10 months found that it was achieving impact, with a social return of £4.24 for every £1 invested. With a longer operating period, we're certain that Safespace will demonstrate even greater value.

Calderdale Wellbeing

Trustees' report (continued) for the year ended 31 March 2019

Achievements and performance (continued)

Time Out

Our children and young people's emotional health and wellbeing project has got into its stride this year and continues to grow. Building on previous years' work promoting mental health awareness and reducing stigma in schools, Time Out is an expansion that offers opportunities for young people (aged 10-19) to 'find their thing': interests and activities that help them feel good and stay well. We are familiar with the idea that healthy lifestyles, exercise and diet keep us physically healthy; Time Out promotes the idea that we can just as well care for our emotional health. Getting this message at an earlier age sets young people up for healthier and happier adulthoods.

Over 2600 pupils participated in mental health workshops across secondary schools in Calderdale, with an average 95% reporting increased knowledge of how to maintain their emotional wellbeing. Over 6500 more engaged with the activity programme, with arts, drama and sports among the range of activities on offer through a wide network of activity providers. We also ran a Youth Social Action programme, giving young people skills and confidence to develop and deliver their own workshops to their peers on topics including body image and bullying.

As with Safespace, Time Out is not an isolated project but one that sits within a wider offer – the Open Minds Partnership – that also includes Child & Adolescent Mental Health services (CAMHS), youth services, schools and public health, as well as other services in the voluntary and community sector. Working together, this creates an innovative and flexible approach so that Calderdale's children and young people have better access to services appropriate to their needs.

Recovery & Support

Recovery & Support is the "spine" of Healthy Minds; the embodiment of the organisation's ethos and approach. Through peer support groups, recovery courses and workshops, and advice & information drop-ins, we help people find what works for them to achieve and maintain emotional wellbeing.

This was a very tough year for the service, however: previous funding ended and we faced a gap between funding streams, with consequent uncertainty for several months as to whether we could continue the service at all. As an essential mainstay of Healthy Minds, we dug deep into our resources to keep it going, pending new funding, but this was a difficult and worrying period for all involved, including those who have been getting support from the team. Thankfully, we secured three years' funding through the Lottery's Reaching Communities scheme and have been able to embark on more locality-based work, focusing on central Halifax, North Halifax and Lower Valley.

521 people have been supported this year, reporting increased resilience, confidence and self-esteem, more positive relationships and ability to set and achieve personal goals.

Money in Mind

Now in its fifth year, our welfare rights advice and support service continues to be in very high demand. The encyclopaedic knowledge, empathy and staying power of Billy, the welfare rights advisor, are among the factors this service is so busy and successful. Working with people from initial claim, through appeals and tribunals, this is a unique service in Calderdale. Despite limited availability, Billy has supported 434 people through the process this year, maximising people's income and relieving the distress that people encounter in the complexities of the benefits system.

The other strand of Money in Mind, employment support, is also in heavy demand, with 101 people engaged with the service through this year. Depending on individual circumstances, this can be long-term involvement as people work through identifying and achieving their goals. As well as supporting people individually to gain, re-enter or maintain employment, Tamsin the employment support worker runs workshops on common issues like improving IT skills and self-employment; we now offer a regular IT drop-in so that people can get support with digital access and skills.

Calderdale Wellbeing

Trustees' report (continued) for the year ended 31 March 2019

Achievements and performance (continued)

Roshani

Working within the Asian community of Park Ward, Roshani applies the principles of recovery and support in a culturally-sensitive approach. A well-established women's peer support group has 13 members and has helped identify themes that were explored in more depth in a women's conference held for World Mental Health Day in October 2018, with 120 women attending.

Feedback from conference was all positive and includes:

"The event was very good, I enjoyed learning about mental health; Found this event an Eye Opener; Empowering Event; Helped having Punjabi speakers, we were able to understand; Enjoyed hearing the personal stories from the women; We feel we would get better services if there was more cultural awareness in the services that are available; Enjoyed the event as it was interactive and very engaging we got to speak and share our thoughts and feelings."

A men's conference is planned for next year.

Roshani also started a weekly advice and information drop-in at Horne Street Pharmacy and continued to link with Time Out, offering workshops in Halifax Academy, reaching 444 pupils.

Todmorden

Delivering recovery and support services focused in the Todmorden area, with support groups, courses, workshops and drop-ins, our Todmorden team's impact was recognised with a Community Spirit Award for Breakthrough Project of the Year. 748 people have been supported during the year. The enduring emotional impact of flooding late in 2015 remains a theme but work is around building emotional resilience more widely and a collective, community-led approach. A thriving Wellbeing Network, convened by Healthy Minds, brings together many Todmorden-based organisations, creating and strengthening partnership working in the area.

Upper Valley

Extending the success of the Todmorden project, with the support of Community Foundation for Calderdale, we launched our newest service, which has a locality focus on Hebden Bridge, Mytholmroyd and surrounding areas. As with Todmorden, this is in response to the longer-term impact of floods and addresses priorities in Calderdale's Flood Action Plan. The Hebden, Royd & Hilltops project launched in January 2019 for consultation and development. There will be more on this in next year's annual report.

Volunteers

We often describe volunteers as the lifeblood of Healthy Minds – we simply could not achieve what we do without their generosity in the experience and time that they contribute to the team. In recognition of volunteers' value to the organisation, this year we took the opportunity to act on a long-held ambition to bring the Volunteer Coordinator role into the core team that includes management, finance and admin as functions that support the whole organisation. We've continued to strengthen our volunteer development programme so that there are more opportunities for training, building skills and confidence, and even progression into paid roles for volunteers. Including a growing volunteer base within Time Out, volunteer numbers reached 88 this year – thank you to all.

Governance

Our Board of Trustees has seen changes through this year too, and there has been a lot of work to ensure more robust governance in keeping with Healthy Minds' continued expansion. During the year the board considered the effectiveness of corporate risk management and compliance, and committed to a full revision of risk management in 2019/20. The board also undertook a self-assessment against the Charity Code of Governance in October 2017, and undertook actions in the light of this self-assessment during 2018/9.

Big news this year: our Chair and co-founder, Jenny Fagan, has decided that the time is right, after more than 10 years, to step down for a well-earned rest as we enter 2019-20. Everybody who has been involved with Healthy Minds since its beginnings – beneficiaries and the team of staff and volunteers – has Jen to thank for starting and supporting the organisation throughout. Healthy Minds began as an idea that Calderdale needed more than statutory mental health services, with a flexible and creative response to help improve everyone's emotional wellbeing, regardless of whether people have a mental health diagnosis or involvement with other services. Jen has driven the idea forward and has been deeply involved in every new development that has brought us to where we are today. Without Jen's wisdom, energy and passion, Healthy Minds would not be what it is.

Calderdale Wellbeing

Trustees' report (continued) for the year ended 31 March 2019

Achievements and performance (continued)

We are pleased that Jen is not leaving Healthy Minds entirely: she will be staying on as a Trustee and, following a strong and considered recruitment process, the Chair role is being taken up by Paul Hunt, who brings a new perspective and a wealth of experience to the organisation. We look forward to working alongside Paul as we enter the 2019-20 year and beyond.

Healthy Minds was formally constituted in February 2009 so this year marks our official 10th anniversary. To date, nearly 27,000 people have engaged across all our services. It takes courage to make the first step towards recovery and allow us into people's lives and vulnerability, to get alongside and try to help find ways through. A final thank you is to everyone who approaches Healthy Minds for support: we really value the trust and respect that people place in us, and that's what keeps us going.

Financial review

The net income for the year after transfers was £139, including net income of £6,781 on unrestricted funds and net expenditure of £6,642 on restricted funds.

Reserves policy

The charity's free reserves at the year end were £34,514.

Healthy Minds Trustees exercise their power to hold income in reserves, in accordance with our constitution, which states:

the Charity has the following powers in order to further the Objects ... To set aside income as a reserve against future expenditure but only in accordance with a written policy about reserves [4(1)(k)]

and in line with Charities Commission guidance CC19 (5.2):

Some charities have a power to hold reserves in their governing document – all others can rely on powers implicit in the law. Trustees can use these powers where they are satisfied that to do so is in the best interests of the charity: their charity's reserves policy should reflect their reasoning.

Our policy is that, where possible, project budgets will include a proportionate contribution to reserves; this is stated in budgets submitted in funding applications and in subsequent reports to funders. When the purpose for which grants received has been discharged, any small residual balances may be transferred into reserves, with funders' agreement (implicit or explicit) as grants are finalised or signed-off on acceptance of a final grant report, which includes a detailed breakdown of expenditure showing the contribution to reserves.

Once a year the Board will consider the level of reserves that it is prudent for the organisation to hold.

Consideration will be given to redundancy liabilities, lease agreements and any other significant factors that should be taken into account if the organisation were to close. A designated reserve account should be set up to clearly identify such funds. The current agreed level of reserves is three month's running costs plus redundancy payments and contractual obligations such as phones and office equipment leases. This will be reviewed annually before the AGM.

We have calculated the reserve policy amount for 2019/20 as £49,141, which we are working towards.

Funds held on behalf of third parties

Grant income was received from the Bearders Charitable Trust for people to start their own businesses and get back into work. Calderdale Wellbeing acts as an agent in relation to these funds therefore the income and expenditure is excluded from the accounts. Note 11 provides further information in relation to these funds.

Calderdale Wellbeing

Trustees' report (continued) for the year ended 31 March 2019

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Signed on behalf of the board of trustees:

Signed..... (Trustee)

Name.....

Date.....

Calderdale Wellbeing

Independent examiner's report to the trustees of Calderdale Wellbeing

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2019, which are set out on pages 9 to 17.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Name: Helen Galvin

Relevant professional qualification or body: FCCA

Date:

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Calderdale Wellbeing

Statement of Financial Activities

(including summary income and expenditure account)

for the year ended 31 March 2019

	Notes	2019 Unrestricted funds £	2019 Restricted funds £	2019 Total funds £	2018 Total funds £
Income from:					
Grants and donations	(2)	33,610	416,340	449,950	510,377
Fees and contract income		-	-	-	3,050
Bank interest		237	-	237	679
Other income		5,445	-	5,445	-
Total income		39,292	416,340	455,632	514,106
Expenditure on:					
Salaries and NIC	(3)	57,481	305,342	362,823	356,809
Telephone and internet		627	5,496	6,123	5,116
Travel expenses		235	2,375	2,610	2,955
Venue hire and meeting expenses		1,039	4,896	5,935	11,928
Support group refreshments		272	1,909	2,181	1,494
Staff expenses		61	418	479	438
Printing and publicity		521	2,419	2,940	3,183
Postage and stationery		186	989	1,175	2,518
Legal fees		38	473	511	2,943
Consultancy fees		-	10,266	10,266	39,508
Independent examination		1,033	647	1,680	1,680
Equipment		234	3,850	4,084	5,137
Insurance		769	1,373	2,142	1,452
Office rent and service charges		2,665	17,229	19,894	14,869
Building alterations and repairs		254	2,011	2,265	39,134
Training		316	1,557	1,873	5,548
Website		-	151	151	104
Supervision		-	-	-	110
Volunteer expenses		195	2,236	2,431	2,835
IT Support		331	439	770	776
Governance		-	172	172	474
Subscriptions		75	-	75	214
Bank charges		95	154	249	138
Utilities		1,633	1,528	3,161	986
Partnership working		484	15,709	16,193	19,306
Emergency welfare payment		-	-	-	20
Fundraising expenses		164	-	164	-
CRB checks		-	216	216	506
Sessional workers		450	390	840	376
Monitoring		-	4,090	4,090	-
Total expenditure		69,158	386,335	455,493	520,557
Net (expenditure) / income		(29,866)	30,005	139	(6,451)
Transfers between funds		36,647	(36,647)	-	-
Net movement in funds		6,781	(6,642)	139	(6,451)
Fund balances brought forward		27,733	99,354	127,087	133,538
Fund balances carried forward	(4)	34,514	92,712	127,226	127,087

All incoming resources and resources expended derive from continuing activities.

Calderdale Wellbeing

Balance sheet

as at 31 March 2019

	2019	2019	2019	2018
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Current assets				
Debtors and prepayments	(5) 10,840	1,449	12,289	6,409
Cash at bank and in hand	(6) 35,004	147,730	182,734	140,754
Total current assets	45,844	149,179	195,023	147,163
Current liabilities:				
amounts falling due within one year				
Creditors and accruals	(7) 11,330	6,940	18,270	17,576
Deferred income	-	49,527	49,527	2,500
Total current liabilities	11,330	56,467	67,797	20,076
Total assets less current liabilities	34,514	92,712	127,226	127,087
Net assets	34,514	92,712	127,226	127,087
Funds				
Unrestricted funds	34,514	-	34,514	27,733
Restricted funds	-	92,712	92,712	99,354
Total funds	34,514	92,712	127,226	127,087

For the year ending 31 March 2019 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2015).

The financial statements were approved by the board of trustees on

Date:

Signed:

(Trustee)

Name

Calderdale Wellbeing

Notes to the accounts

for the year ended 31 March 2019

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice:

Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Donated goods for resale are valued at the amount actually realised upon their sale.

Donated assets, facilities or services are valued at their estimated value to the charity. This is the price that the charity estimates it would pay in the open market for equivalent items; or services and facilities of equivalent utility to the charity.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Calderdale Wellbeing

Notes to the accounts

for the year ended 31 March 2019

1 Accounting policies continued

Tangible fixed assets

Tangible fixed assets costing more than £500 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt.

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Leases

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

Calderdale Wellbeing
Notes to the accounts continued
for the year ended 31 March 2019

2 Grants and donations	2019	2019	2019	2018
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
The Tudor Trust	-	-	-	15,000
Community Foundation for Calderdale (CFFC)	2,500	122,097	124,597	113,112
Henry Smith	-	-	-	17,200
Calderdale MBC (CMBC)	-	140,761	140,761	132,925
Clinical Commissioning Group (CCG)	-	55,400	55,400	-
Lloyds Bank	-	-	-	24,854
The Brelms Trust	-	5,000	5,000	5,000
The Newby Trust	-	-	-	-
NHS England	-	-	-	102,884
Department of Health and Social Care	-	-	-	48,000
Your Consortium Ltd	-	-	-	2,700
Natwest Bank	-	1	1	34,715
Northpoint Wellbeing Ltd	-	-	-	1,634
Police and Crime Commissioner for West Yorkshire	-	-	-	3,490
Halifax Opportunities Trust	-	2,912	2,912	-
Big Lottery - Reaching Communities	-	69,337	69,337	-
BBC Children in Need	-	9,519	9,519	-
Together Housing	-	2,843	2,843	-
Santander Foundation	-	4,355	4,355	-
Small grants	-	-	-	-
Donations	31,110	4,115	35,225	8,863
	<u>33,610</u>	<u>416,340</u>	<u>449,950</u>	<u>510,377</u>

3 Staff costs and numbers	2019	2018
	£	£
Gross salaries	338,915	323,938
Social security costs	11,963	21,833
Employment allowance	(3,000)	(3,000)
Pensions	14,945	14,038
	<u>362,823</u>	<u>356,809</u>

The average number employees during the year was 23.8 (2018: 24.3).

There were no employees with emoluments above £60,000.

Defined contribution pension scheme	2019	2018
	£	£
Costs of the scheme to the charity for the year	14,945	14,038
Amount of any contributions outstanding at the year end	2,239	79

Calderdale Wellbeing
Notes to the accounts continued
for the year ended 31 March 2019

4 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
The Tudor Trust	4,829	-	4,829	-	-
The George A Moore Foundation	195	-	116	-	79
CCG (2)	2,890	-	2,890	-	-
The Brelms Trust	2,648	5,000	4,999	-	2,649
CFFC - Flood Relief Fund (1)	9,143	75,000	82,723	(266)	1,154
Safespace (1)	28,733	-	23,983	-	4,750
CMBC (2)	3,771	36,662	35,585	-	4,848
CMBC (3)	32,518	75,000	71,690	(35,828)	-
Natwest Bank	10,479	1	10,480	-	-
Safespace (2)	4,148	-	2,070	-	2,078
CCG (1)	-	55,400	26,248	-	29,152
CAMHS	-	8,498	7,595	(26)	877
Halifax Opportunities Trust	-	2,912	2,912	-	-
CMBC (4)	-	20,601	20,769	(68)	(236)
CFFC - Todmorden Wind Farm Fund	-	4,982	4,982	-	-
CFFC - Youth Social Action	-	4,935	3,214	(22)	1,699
Big Lottery	-	69,337	62,425	(200)	6,712
BBC Children in Need	-	9,519	4,457	-	5,062
Together Housing	-	2,843	2,834	(9)	-
Santander Foundation	-	4,355	1,804	-	2,551
Restricted donation	-	4,115	441	-	3,674
CFFC - Flood Relief Fund (2)	-	37,180	9,289	(228)	27,663
	<u>99,354</u>	<u>416,340</u>	<u>386,335</u>	<u>(36,647)</u>	<u>92,712</u>

Calderdale Wellbeing

Notes to the accounts continued

for the year ended 31 March 2019

4 Restricted funds continued

Fund name	Purpose of restriction
The Tudor Trust	For volunteer support.
The George A Moore Foundation	Towards the allotment project.
CCG (2)	For supported self management.
The Brelms Trust	For the Roshani project.
CFFC - Flood Relief Fund (1)	To run support groups, drop in advice and information. Along education projects in schools, which is all in Todmorden.
Safespace (1)	For out of hours emotional support.
CMBC (2)	For welfare rights and employment support.
CMBC (3)	For children and young peoples emotional wellbeing.
Natwest Bank	For welfare rights and employment support.
Safespace (2)	To develop the Safespace.
CCG (1)	To provide mental health recovery and support sessions.
CAMHS	For the provision of school drop-ins.
Halifax Opportunities Trust	For the Hopeful Families project.
CMBC (4)	Support groups for BME's.
CFFC - Todmorden Wind Farm Fund	For volunteering in Todmorden.
CFFC - Youth Social Action	Training young people to deliver workshops to increase their skills and self confidence.
Big Lottery	To provide a recovery and support service.
BBC Children in Need	For children and young people workshops.
Together Housing	For welfare rights and employment support.
Santander Foundation	For IT Support.
Restricted donation	For the Forum project.
CFFC - Flood Relief Fund (2)	To run support groups, drop in advice and information. Along education projects in schools in the Upper Valley.

The transfer figure on the CMBC (3) relates to the funder allowing the project underspend being used to support unrestricted core activity. The other transfer figures are in relation to the management charges on the individual projects.

5 Debtors and prepayments

	2019	2018
	£	£
Debtors	7,514	1,634
Prepayments	4,775	4,775
	<u>12,289</u>	<u>6,409</u>

6 Cash at bank and in hand

	2019	2018
	£	£
Current accounts	3,299	37,838
Saving accounts	179,324	102,896
Cash in hand	111	20
	<u>182,734</u>	<u>140,754</u>

Calderdale Wellbeing
Notes to the accounts continued
for the year ended 31 March 2019

7 Creditors and accruals	2019	2018
	£	£
Creditors	16,590	15,896
Accruals	1,680	1,680
	<u>18,270</u>	<u>17,576</u>

8 Trustee expenses	2019	2018
	£	£
Total amount paid	139	404
Number of trustees who were paid expenses	2	3
Nature of the expenses	Travel	Travel

9 Related party transactions
Key management personnel

The key management personnel of the charity comprises the Chief Executive Officer only. The total employee benefits of the key management personnel of the charity were £42,127 (2018: £42,093).

There were no other related party transactions during this year or the previous year.

10 Operating leases

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:

	Telephone	Rent	Photocopier
	£	£	£
Within one year	2,477	12,667	1,664
In the second to fifth years inclusive	9,288	-	1,058
	<u>11,765</u>	<u>12,667</u>	<u>2,721</u>

11 Funds held for third parties

	Incoming	Outgoing	Balance c/f
	£	£	£
Bearder Charitable Trust	<u>4,047</u>	<u>1,505</u>	<u>2,542</u>

Calderdale Wellbeing

Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 March 2019

	2019 Unrestricted funds £	2018 Unrestricted funds £	2019 Restricted funds £	2018 Restricted funds £	2019 Total funds £	2018 Total funds £
Income						
Grants and donations	33,610	8,863	416,340	501,514	449,950	510,377
Fees and contract income	-	3,050	-	-	-	3,050
Bank interest	237	679	-	-	237	679
Other income	5,445	-	-	-	5,445	-
Total income	39,292	12,592	416,340	501,514	455,632	514,106
Expenditure						
Salaries and NIC	57,481	3,530	305,342	353,279	362,823	356,809
Telephone and internet	627	-	5,496	5,116	6,123	5,116
Travel expenses	235	612	2,375	2,343	2,610	2,955
Venue hire and meeting expenses	1,039	1,682	4,896	10,246	5,935	11,928
Support group refreshments	272	175	1,909	1,319	2,181	1,494
Staff expenses	61	57	418	381	479	438
Printing and publicity	521	69	2,419	3,114	2,940	3,183
Postage and stationery	186	15	989	2,503	1,175	2,518
Legal fees	38	-	473	2,943	511	2,943
Consultancy fees	-	649	10,266	38,859	10,266	39,508
Independent examination	1,033	684	647	996	1,680	1,680
Equipment	234	159	3,850	4,978	4,084	5,137
Insurance	769	-	1,373	1,452	2,142	1,452
Office rent and service charges	2,665	-	17,229	14,869	19,894	14,869
Building alterations and repairs	254	-	2,011	39,134	2,265	39,134
Training	316	3,094	1,557	2,454	1,873	5,548
Website	-	-	151	104	151	104
Supervision	-	-	-	110	-	110
Volunteer expenses	195	7	2,236	2,828	2,431	2,835
IT Support	331	-	439	776	770	776
Governance	-	-	172	474	172	474
Subscriptions	75	-	-	214	75	214
Bank charges	95	18	154	120	249	138
Utilities	1,633	-	1,528	986	3,161	986
Partnership working	484	-	15,709	19,306	16,193	19,306
Emergency welfare payment	-	20	-	-	-	20
Fundraising expenses	164	-	-	-	164	-
CRB checks	-	-	216	506	216	506
Sessional workers	450	-	390	376	840	376
Monitoring	-	-	4,090	-	4,090	-
Total expenditure	69,158	10,771	386,335	509,786	455,493	520,557
Net (expenditure) / income	(29,866)	1,821	30,005	(8,272)	139	(6,451)
Transfers between funds	36,647	620	(36,647)	(620)	-	-
Net movement in funds	6,781	2,441	(6,642)	(8,892)	139	(6,451)
Fund balances brought forward	27,733	25,292	99,354	108,246	127,087	133,538
Fund balances carried forward	34,514	27,733	92,712	99,354	127,226	127,087