

## Project Worker: Calderdale Safespace Project Worker

## Person Specification

	Essential / Desirable
<b>Experience</b>	
Support work with individuals and /or groups with experience of mental health distress	E
Supporting people with mental health problems, including people in crisis, people who self-injure/self-harm, and people who experience suicidal thoughts and feelings.	E
Building and maintaining relationships with statutory and voluntary agencies.	E
Work in mental-health services, or with other communities of vulnerable people	E
Training, supporting and supervising volunteers	D
Developing & delivering training /workshops	D
Personal experience of emotional distress	D
<b>Skills</b>	
Good interpersonal skills and ability to communicate effectively with people in crisis	E
Excellent organisational skills, verbal and written communication skills	E
Ability to use common ICT packages e.g. Microsoft Office / email / internet	E
Ability to work effectively as part of a team	E
Ability to work on own initiative and manage and prioritise your own workload	E
Flexible approach to respond to people's needs	E
Ability to help people identify support needs and explore available options	E
Able to manage stress and work under pressure	E
<b>Knowledge</b>	
Understanding a range of factors which can affect emotional health and wellbeing	E
Understanding of self harm, trauma and ways of working with individuals in crisis.	E
Understanding of issues faced by people from diverse backgrounds around crisis, including barriers to accessing services	E

Knowledge of statutory and community support providers available locally, regionally and nationally	E
Knowledge and understanding of safeguarding for children and adults at risk of abuse	E
Understanding of co-production, peer support and mental health recovery	E
Knowledge of national and regional developments in crisis care	D
Knowledge around current welfare benefit rights and procedures	D
<b>Values &amp; Attitudes</b>	
Commitment to a service-user-led service and valuing the involvement and participation of people who have experienced mental distress	E
Commitment to Healthy Minds' aims and values	E
Commitment to continuous personal development, learning and reflective practice	E
Commitment to equality and anti-discriminatory practice	E
Commitment, ability and desire to work in harmony with colleagues, seeking positive outcomes & solutions and taking responsibility for both your own actions and those of your team.	E
<b>Personal Circumstances</b>	
Willing and able to work flexible hours including late evenings	E
Ability to travel	E