

Project Worker: Recovery & Support

Person Specification

| | Essential / Desirable |
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| Experience | |
| Experience of person-centred support work with groups and / or individuals | E |
| Experience of building and maintaining relationships with statutory, voluntary and business agencies | E |
| Work in mental-health services, or with other communities of vulnerable people | E |
| Experience of developing & delivering training/workshops | E |
| Training, supporting and supervising volunteers | D |
| Experience of developing/delivery of support services for younger people | D |
| Personal experience of mental distress / ill-health | D |
| Skills | |
| Excellent verbal and written communication skills | E |
| Excellent organisational skills | E |
| Ability to use common ICT packages e.g. Microsoft Office / email / internet / social media | E |
| Good interpersonal skills and ability to work in a multi-disciplinary team | E |
| Excellent presentation and promotion skills | E |
| Ability to work on own initiative and manage and prioritise your own workload | E |
| Flexible approach to respond to people's needs | E |
| Ability to help people identify support needs and explore available options | E |
| Able to analyse and present information and to produce reports for monitoring and evaluation | E |
| Able to manage stress, work under pressure and use appropriate self-care strategies | E |
| Knowledge | |
| Understanding of the range of and prevalence of mental distress and of factors which can affect emotional health and wellbeing, including discrimination and stigma | E |
| Understanding of co-production, peer support and mental health recovery | E |
| Good understanding of Calderdale's communities | E |

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| Knowledge and understanding of safeguarding for children and adults at risk of abuse | E |
| Knowledge of statutory and community support providers available locally, regionally and nationally | E |
| Knowledge of issues affecting younger people | D |
| Knowledge around current welfare benefit rights and procedures | D |
| Values & Attitudes | |
| Commitment to a user-led service and valuing the involvement and participation of people who have experienced mental distress | E |
| Commitment to Healthy Minds' aims and values | E |
| Commitment to continuous personal development, learning and reflective practice | E |
| Commitment to equality and anti-discriminatory practice | E |
| Commitment, ability and desire to work in harmony with colleagues, seeking positive outcomes & solutions and taking responsibility for both your own actions and those of your team | E |
| Personal Circumstances | |
| Willing and able to work flexible hours, including occasional evening & weekends by prior negotiation | E |
| Ability to travel | E |