



**Art and Craft Workshop @ Brighouse Library**

**2pm-4pm**

**Healthy Minds are holding a series of art and craft workshops:-**

**Weaving** - Tuesday 19th May 2015

**Portrait mosaic** - Tuesday 2nd June 2015

**Candle decorating** - Tuesday 16th June 2015

**Tree of life** - Tuesday 7th July

You don’t need to have any previous experience or existing skills to participate, just an interest in enhancing your well-being through art and craft activities.

**The workshops are free.**

If you are interested, then please contact **Nicola on 01484 345154** or email on **Nicola@healthymindscalderdale.co.uk**

The Support Group Project is funded by The Henry Smith Foundation.

Healthy Minds is the operating name for Calderdale Wellbeing

Calderdale Wellbeing Company Number 6828871 Charity Number 1132316