

Got a story to tell?

We are looking for people for our 'Off the Page' project - a series of 10 minute monologues on the theme of MENTAL HEALTH & WHAT GETS US THROUGH.

To be presented during Calderdale's Wellbeing & Creativity week in mid June (just before Hebden Bridge Arts Festival)

People from any and all backgrounds/cultures/experience please get in touch

- **Get coaching from a professional writer (if you want it)**
- **Try something new?**
- **See your work on stage (perform yourself (or we will find an actor for you))**

Get in touch if you would like to find out more

Call Lou 07879 732 626

Mail lou@healthymindscalderdale.co.uk

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